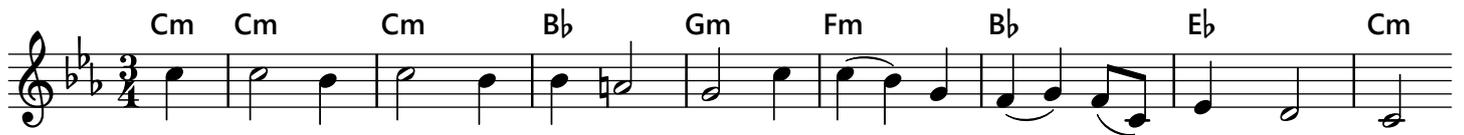
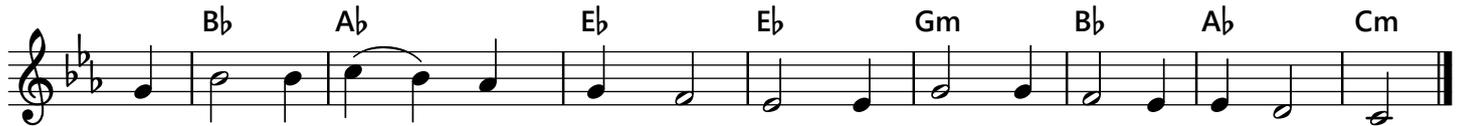


Clarum decus ieiunii
The Glory of These Forty Days

Maurice F. Bell / DEO GRACIAS



1. The glo - ry of these for - ty days we cel - e - brate with songs of praise;
2. A - lone and fast - ing Mo - ses saw the lov - ing God who gave the law;
3. So Dan - iel trained his mys - tic sight, de - liv - ered from the li - on's might;
4. Then grant us, Lord, like them to be full oft in fast and prayer with thee;
5. O Fa - ther, Son and Spir - it blest, to thee be ev - 'ry prayer ad - dressed,



1. for Christ, by whom all things were made, him - self has fast - ed and has prayed.
2. and to E - li - jah, fast - ing, came the steeds and char - i - ots of flame.
3. and John, the Bride - groom's friend be - came the her - ald of Mes - si - ah's name.
4. our spir - its strength - en with thy grace, and give us joy to see thy face.
5. who art in three - fold Name a - dored, from age to age the on - ly Lord.

Inspiration: "Clarum decus ieiunii"; ascribed to Pope Saint Gregory the Great, ca. 540-604.

Lyrics: 88.88; Maurice Frederick Bell, 1862-1947, from "The English Hymnal", 1906.

Music: DEO GRACIAS (aka AGINCOURT); adapted from "The Agincourt Song", 15th cent. English melody.